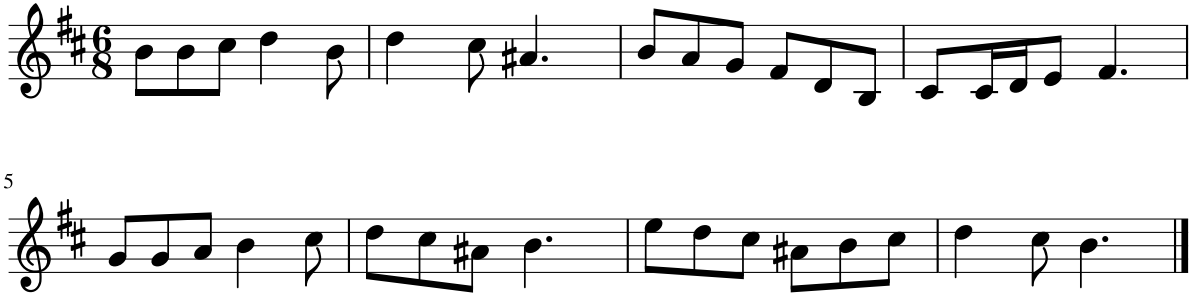Dictado 21