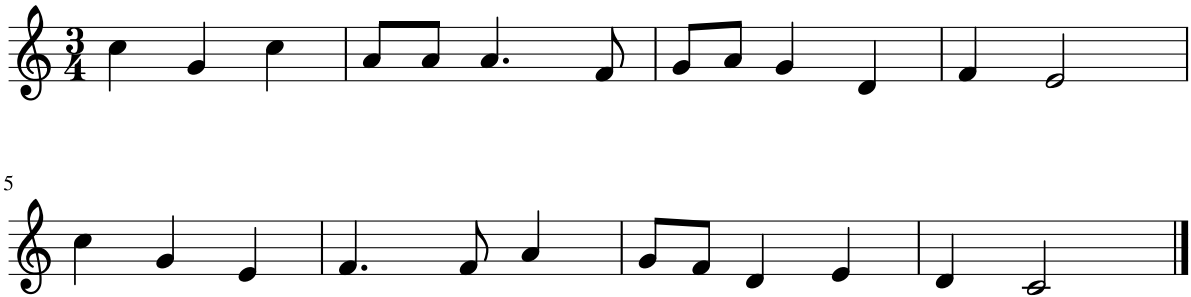Dictado 42