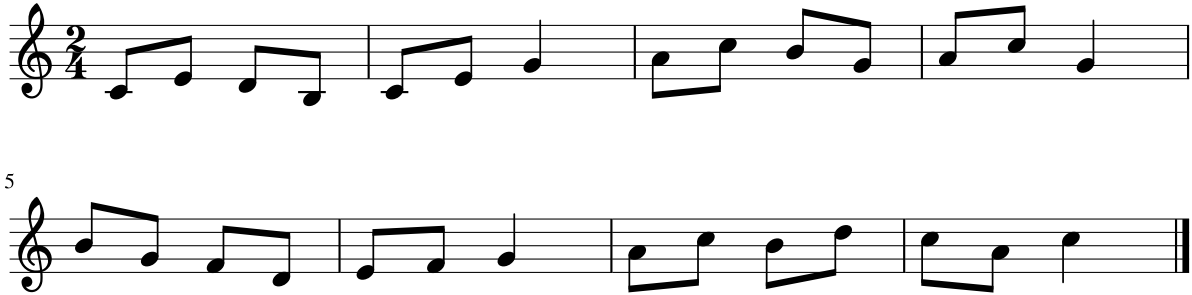Dictado 5