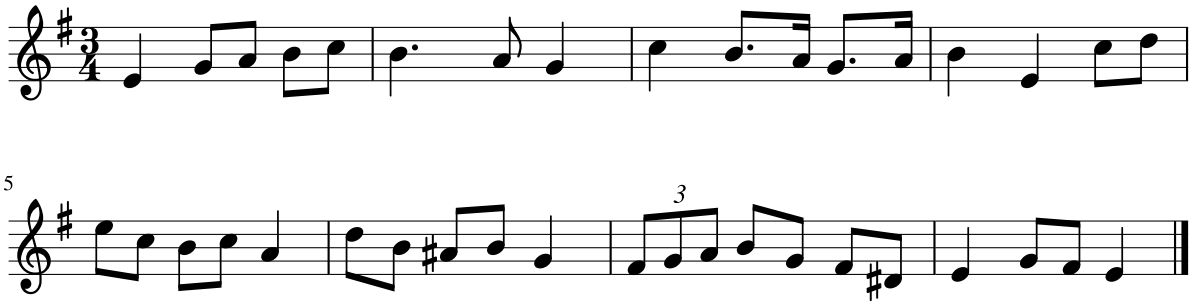Dictado 50