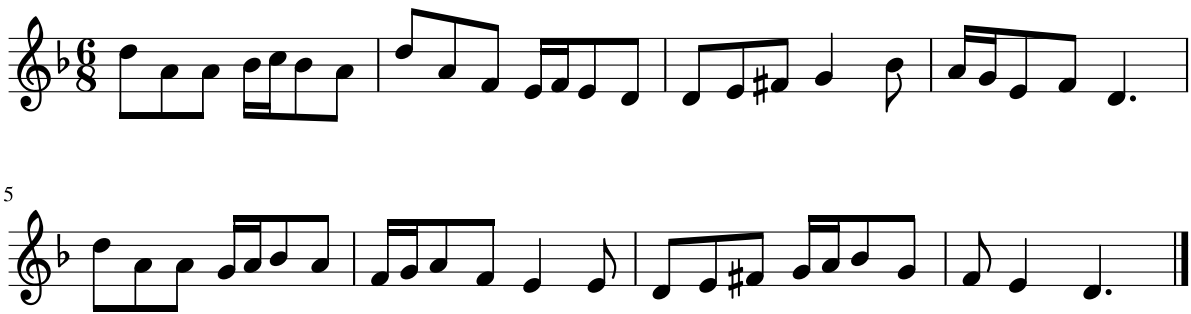Dictado 54