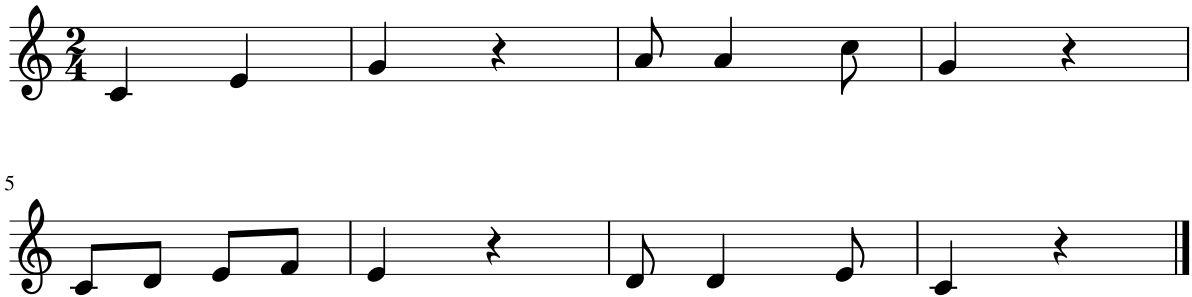Dictado 60