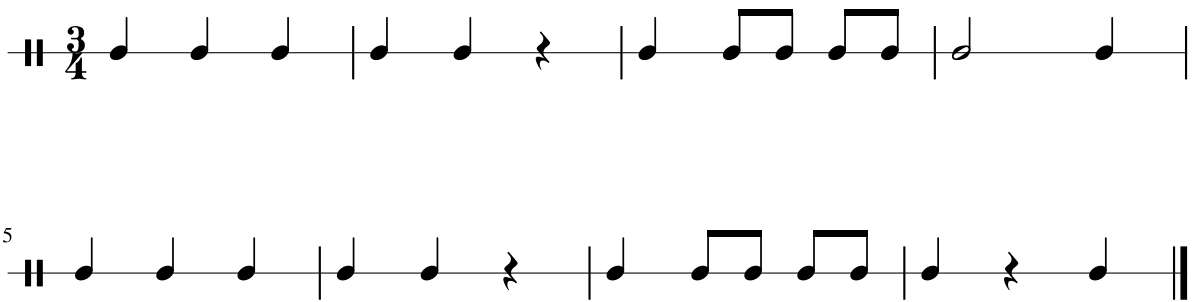Dictado 16